

St. Scholastica Retreat Center

A ministry of St. Scholastica Monastery

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www.stscho.org/retreat-registration

BALANCE IN ACTION

a retreat for
healers and caregivers

presented by

Jillian Guthrie, MSW, LCSW

July 9-11, 2015

Cost: \$195.00. A \$50.00 non-refundable deposit by June 25th
will reserve your place at this retreat.

Lodging and 5 meals are included in the price.



- Learn to help others at your healthiest and highest capacity.
- Enjoy humor, stimulating stories, enjoyable and meaningful activities, music, and audience interaction and participation.
- Experience relaxing, meditative exercises in a unique, uplifting format.
- Presenter Jillian Guthrie, MSW, LCSW is a mental health therapist with 25 years' experience in her field and the founder of Healers in Balance (www.healersinbalance.com)
- 10 CEU's (and room and board) for only \$195!