

St. Scholastica Retreat Center

A ministry of St. Scholastica Monastery

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Inside the Jaws of an Eating Disorder a healer's struggle and recovery

presented by

Jillian Guthrie, MSW, LCSW

Friday, October 9, 2015

9:15 a.m. - 4:15 p.m. Lunch included.

Registration deadline: September 25, 2015

Cost: \$105.00 (with healthy homemade lunch included) or \$95.00 (bring your own lunch) for registrations received by September 11; full price of \$115.00 begins September 12. Cancellations must be received by September 18 and will be charged a \$20.00 processing fee. Payment completes registration process.



Inside the Jaws of an Eating Disorder offers 6 CEU'S.

Jillian Guthrie, LCSW is a mental health therapist with 25 varied years in this field. Having personally experienced an eating disorder, she is dedicated to expanding understanding of the inner experience. Creative mediums of art, music, poetry and humor are woven through to communicate this powerful information. Applicable not only to problems with food but other areas of struggle and addiction. Discussion includes challenges of being a professional in today's helping culture, acknowledging one's needs, and using this experience in one's own life and work.



**This is What the DSM
Won't Tell You!**

Family members and individuals with eating disorders will also benefit from this presentation.